



# o n t a r i o

# availability

**Week of July 25, 2010**

[www.everythingProduce.ca](http://www.everythingProduce.ca)



**FRESH**  
Local Produce  
Now Available

**CARROTS**  
**AVAILABLE**



Arugula Bunched	24's
Baby Bok Choy	30 lb
Beans - Yellow	25 lb
Beans- Green	25 lb
Beets - Red	25 lb
Belgium endive	11 lb
Bok Choy	30 lb
Broccoli	14-18's
Cabbage - Green	12/16's
Cabbage - Red	12/16's
Carrots - Cello	5 x 10 lb
Carrots	24 x 2 lb
Carrots, Jumbo	50 lb
Cauliflower	12's
Celery	24's
Chard - Green	12's
Chard - Red	12's
Coriander/Cilantro	24's
Corn	60's

Cukes, English-Large	12's
Cukes, English-Small	12's
Cukes, Regular	24's
Dill	24's
Kale - Green	12's
Kholarabi - Green	12's
Large #1 potatoes	50 lb
Leeks	12's
Lettuce Boston	18's
Nappa	30 lb
Onions - Green	48's
Parsley Curly	60's
Parsley Italian	60's
Parsnips	10 lb
Peppers - Green	25 lb
Peppers - Hot Yellow	8 lb
Peppers - Orange	11 lb
Peppers - Red	11 lb

Peppers - Yellow	11 lb
Plums - Early Golden	10 x 2 lb
Radish - Daikon	40 lb
Raspberries	12's
Red Potato B	50 lb
Rutabagus	40 lb
Tomatoes, Cherry on the vine	4 lb
Tomatoes, Hot House	15 lb
Tomatoes, on the vine	11 lb
Tomatoes, Yellow on the vine	11 lb
Yu Choy	
Zucchini Green	18 lb
Zucchini Yellow	18 lb



Good things grow in Ontario